



Children's Grief
AWARENESS DAY
EDUCATE. EQUIP. HONOR.

NOVEMBER 18, 2021



Illuminating HOPE

- Children's Grief Awareness Day is designed to help us all become more aware of the needs of grieving children — and of the benefits they obtain through the support of others.
- There are lots of ways you can get involved.... One of the simplest ways is making your own HOPE the butterfly.



HOPE the Butterfly

- HOPE the Butterfly was created to give a message of Hope to grieving children across the world.
- No-one can take away a child's grief or bring back the person who has died but we can show them that they are not alone.



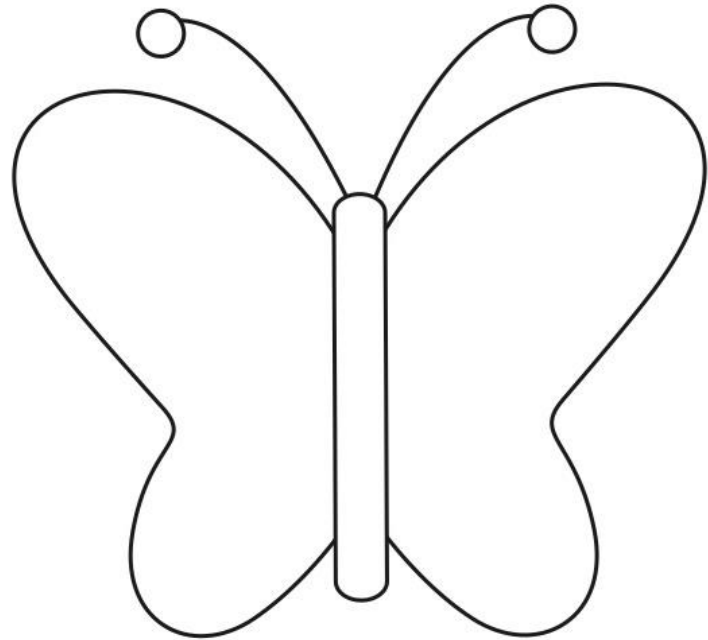
HOPE the Butterfly

- After a loved one dies, there is a sense in which life feels darker, as if some light and colour are drained from the world.
- HOPE the Butterfly can help shine a light of hope through the darkness. You can use it to carry a message of hope, support and love to someone you've lost or to someone you know that is grieving a loved one, whether this is an adult or a child.



HOPE the Butterfly

- Hope the Butterfly can carry a message:
- In Memory of a loved one who has died
- Or you can let someone you know, whether a child or an adult who is grieving a loved one, that you are thinking of them



facebook.com/ChildrensGriefAwarenessDay

www.childrengriefawarenessday.com

HOPE the Butterfly Colouring Sheet

- You can print out your own HOPE the Butterfly to colour in and write your own message.
- Grown Ups can do this too!

HOLDING ON TO HOPE FOR

#CHILDGRIEFDAY



childrensgriefawarenessday.org



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Hold onto HOPE

- You can also print out this sheet to write your own message:
- This could be to someone you want to remember
- Or you could write the name or names of someone you want to Hold onto HOPE



HOPE the Butterfly – get involved

- After writing (or drawing) your message, have a picture taken of you and HOPE and share your picture online with grieving children and adults across the world.
- To find out more about the Child Grief Awareness Day, November 18, 2021 visit <https://www.childrensgriefawarenessday.org>